

Mission safety

We take up the challenge



Safety
first

Overview over our
safety standards

Long live
sports

Take up speed with
our active seniors

Intelligent
nursing care

The future
begins now!



Safety with intelligent product solutions

Dear readers,

I would like to kindly greet you in this new edition of our *re/spect* magazine. In this issue, we will cover a range of topics that has top priority in health care: Safety. In offering intelligent product solutions, wissner-bosserhoff makes an important contribution to reducing the risks to which the residents of nursing care and retirement homes are exposed to on a daily basis. Our SafeSense® assistance systems for example, provide real-time information on when the resident leaves the bed and therefore supports the nursing staff especially during those critical phases during the night. SafeSense® cannot only be integrated in the existing communications system available in the building, but also in almost all wissner-bosserhoff beds that were purchased in the past.

From a legal point of view, safety in the sense of restraint measures is the number one concern on the agenda of nursing home operators and nursing staff. In his guest contribution, Dr. Sebastian Kirsch, a co-founder of the Werdenfelser Weg*, writes about side guard concepts from precisely this perspective and gives a great deal of useful practical advice. When you apply his rule of thumb 4, you will see that the SafeFree® side guards, when used correctly, are usually no restraint measures and therefore offer the best conditions for legally safe nursing care.

With the sentida 7-i, we would like to introduce to you an intelligent nursing home bed that sets new standards and is extremely well received among nursing care professionals, as you can read in our interview in Denmark. The overwhelming amount of nursing care awards that were won by all sentida model variants show that technology and elegant design can indeed go hand in hand. Our new generation of bedside cabinets seamlessly fits into this concept with its many innovative extra features.

Every year, our portrait calendars are very well received. Our current „Sports“ edition is no different. Of course, no senior sports-themed calendar is complete without Ms Johanna Quaas, who caused a storm of enthusiasm with her impressive performance at our trade show booth in Nuremberg.

Hoping you will find this issue quite interesting,

Dr. Michael Rosada
Vorstand LINET Group SE
Geschäftsführer wissner-bosserhoff GmbH

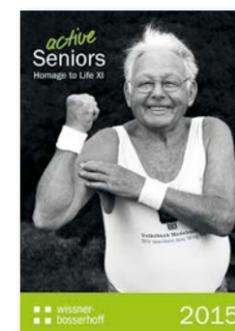
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4,500 x



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SAFETY FIRST

When we are developing and manufacturing our products, one aspect always takes precedence: We want to offer more than just a nursing home bed, a bedside cabinet or mattresses. We develop and manufacture innovative solutions that are proven to make daily nursing care easier and safer. Furthermore, it is important to be very close to the customers to be able to correctly evaluate wishes, requirements and also risks. In this context it has become clear early that safety is an extremely relevant topic for nursing care facilities.



The greatest challenge: Fall prevention

Fall prevention is one of the most important safety measures. Almost one third of people aged 65 and above, as well as 50% of those aged 80 and above, fall at least once a year - that is a total of five million falls per year^{*1}. We have made this topic one of our priorities and developed different solutions, which all share the same purpose: Sustainable fall prevention for utmost safety.

WIBOsolutions: SafeFree® + SafeSense® + 3-stop strategy

SafeFree® side guards – safe nursing care

The Safe-Free® side guards patente for more than 10 years, comply with the recommendations of the expert standard for fall prevention and are a proven standing-up aid, which promotes the mobility of the resident. The divided SafeFree® side guards are easily retractable, can be lowered in only 2 seconds and save space. Depending on the nursing situation and the height of the resident, SafeFree® can be individually adjusted to four different heights and does not require middle posts, guide rails or central gap protectors. Safe-Free® has been tested in practice more than 300,000 times and, in principle, is not a restraint measure according to the classification of the Werdenfelser Weg^{*3} when used on one side.



SafeSense® – sleep safely

With Safe Sense®, wissner-bosserhoff presents a revolutionary bed exit solution that helps improve the safety level of nursing institutions by day and night. Especially during the night, the bed exit assistant system can minimize the need for side guards and thus is recommended as an anti-restraint measure for the benefit of your residents. SafeSense® is equipped with an automatic night light which helps the residents find the bathroom at night, for example. The night light is automatically switched on when the patient leaves the bed and is switched off when the resident returns. Moreover, the intelligent bed exit system is also making it possible to adapt the time intervals at which the nursing staff is alarmed to the resident's level of mobility. (read more about SafeSense® on page 11)

3-stop strategy – safe mobilization

All low nursing beds from the sentida product range as well as the image 3 hospital bed are equipped with the intelligent 3-stop strategy. With this integrated 3-stop strategy, the height can be adjusted to 27 cm for a safe sleeping position, to 41 cm for ergonomic bed egress at chair height, and to 80 cm as the optimum height for comfortable and back-friendly nursing care.



27 cm^{*2}



41 cm^{*2}



80 cm

The problem: Restraint

In the year 2012 more than 85,000 cases of restraint in nursing care were approved by judges. Among them were mostly mechanical measures such as the use of bed rails posey restraint. But these measures should be the last resort, even if it is often hard in daily nursing care to cope with the existing resources. Intelligent products help and create safety for the patient, the nursing staff and the nursing home operator. (Source: German Federal Office of Justice, October 2013)



WIBO's solution: Consistent implementation of the "Werdenfelser Weg^{*3}"

When we developed the SafeSense® bed exit sensor system, we systematically implemented the knowledge of the initiative Werdenfelser Weg^{*3}. Our goal is to improve patient/resident safety and ensure greater nursing quality without compromising the residents' freedom. In this context, SafeSense® makes a valuable contribution to the reduction this measures caused by restraint after obtaining approvals by a judge. Ideally, the SafeSense® bed

exit system is used in combination with the low nursing beds from the sentida product range and the patented Safe-Free® side guards. Not only can the divided SafeFree® side guards be set to four heights, but they are also completely compatible with the favored solution by the Werdenfelser Weg^{*3} initiative.

In its current guideline, under the section "Argumentationshilfen zu unterschiedlichen Bettgittervarianten" (argumentation

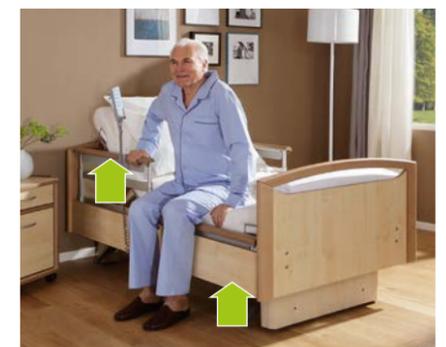
aid for various side guard types), the initiative presents a detailed analysis of the advantages and risks of different types of side guards (www.werdenfelser-weg-original.de).



The challenge: Safe mobilization

Mobilization clearly is an alternative to restraint. Movement and mobility have a positive effect on many fields of nursing work and have a preventive effect. Quick mobilization (early mobilization) for example, can reduce the risks for various complications after a surgery. Mobilizing residents in nursing care facilities does not always come without risk of falls - this is especially true for residents who suffer from dementia (for example). We have developed various mechanisms that help the patient to move independently on the one hand and the nursing staff in supporting mobilization on the other hand.

The WIBO solutions: Mobi-Lift® + SafeFree® side guards



Mobi-Lift® has already proven to be an especially helpful mobilization aid for our hospital beds and can now also be found in one of our nursing home beds (sentida 7-i). The resident can fold out **Mobi-Lift®** himself and use it for mobilization. The height can be adjusted with a button that is integrated into the knob of the handle.

The patented **SafeFree® side guard** can be used for mobilization very effectively. As it is divided, it can be easily grabbed and clasped. It serves as a safe standing-up aid and probably supports the resident's mobility.



SAFETY FIRST

The problem with hygiene: MRSA (methicillin-resistant Staphylococcus aureus) is on the rise

Ever since case-based compensation was introduced in the German health care sector, elderly patients are often sent back to the nursing home directly after being treated in the hospital. Therefore nursing institutions increasingly have problems with MRSA and other germs since they usually do not have adequate hygienic conditions to prevent the transmission of germs to other nursing home residents.

WIBO's solution: MRSA stop

wissner-bosserhoff offers a sophisticated hygienic solution to the problem of steadily increasing health risks in nursing homes caused by bacteria, viruses, fungi and algae. The bed and bedside cabinet areas most commonly touched by residents and nursing staff in everyday care are treated with an antimicrobial coating. First tests and

the application by satisfied customers have shown: The antimicrobial effect is not impaired by the use of commercially available disinfectants. The ionic agent is highly effective against bacteria, viruses, fungi and algae. Ions harmless for humans are constantly created and attack the metabolic system of harmful microorganisms.



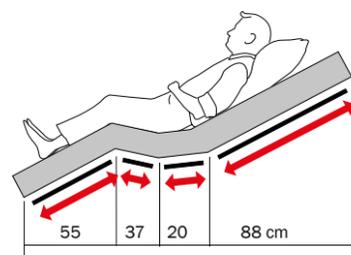
The challenge: Bedsores

Each year, approximately 400,000 people in Germany develop more than one pressure ulcer requiring treatment. Recent studies have shown that more than 50% of residents of nursing care facilities have a higher risk of developing bedsores. However, effective bed sore prevention is a great strain for the nursing staff, as it requires a high effort in nursing care. Very often, the residents' mobility is limited, or they are even completely immobile. wissner-bosserhoff developed a patient surface that sustainably provides pressure relief and thus significantly supports bed sore prevention.

(Gesundheitsberichterstattung des Bundes (German federal health report) http://edoc.rki.de/documents/rki_fv/reUzuR53Jx9JI/PDF/21UhfXFULTx2_61.pdf)

WIBO's solution: BiNetic patient surface

The ergonomic division of the patient surface helps prevent pressure points and therefore contributes to bed sore reduction. The dimensions of the 4-part patient surface of wissner-bosserhoff nursing home beds are based on findings from anthropometrics, i.e. on the average size and height of a person. According to Professor Eigler's findings, the backrest area should be at least 80 cm long in order to effectively support the cervical spine.



BiNetic patient surface 200 cm (long backrest)

Pressure can be further reduced with the BiNetic patient surface for patients with above-average height due to its integrated bed extension: The patient surface can be extended to 220 cm either temporarily and without tools using the express bed extension set, preventing the legs from bumping on the foot end.

SAFETY FIRST



SafeFree® - safe nursing care

- Anti-restraint measure in accordance*¹ with the Werdenfelser Weg*²
- Patented divided side guards
- Each adjustable to 4 different heights
- Safe access to residents
- No middle post, no dangerous central gap highest level of safety



SafeSense® - sleep safely

- Anti-restraint measure
- Faster response time in the event of falls
- Greater safety during night and weekend shifts
- Automatic night light for a safe orientation at night



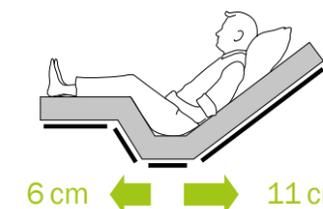
3-stop strategy - safe mobilization

- Fall prevention during sleeping phases at 27 cm bed height
- Safe mobilization at chair height at 41 cm bed height
- Optimal nursing position at 80 cm bed height
- Safe transport of beds by day and night.



BiNetic patient surface - safe positioning

- Double retraction for effective bed sore prevention
- Backrest retraction by 11 cm
- Reduction of pelvic compression due to additional leg rest retraction by 6 cm
- Safe working load



MRSA stop – safe hygiene

- Reduces the build-up and spread of germs
- Inhibited germ growth reduces the risk of infection
- Fewer infections
- Reduced antibiotic resistance





Dr. Sebastian Kirsch

As a judge at the district court of Garmisch-Partenkirchen and a co-founder, Dr. jur. Sebastian Kirsch is the "legal brain" behind the idea of the Werdenfelser Weg*.



Restraint or no restraint?

Side guard solutions from a legal point of view

The answer to the question of whether or not side guards require a guardianship court ruling in every-day nursing routines is not an easy one. "It depends," if you ask an attorney. "Well on what?" users ask.

On the other hand, users will say: "It's just for safety" and are confused if attorneys apparently keep ignoring this argument. In fact, they don't ignore this argument - but it is of no significance until the following question has been answered: When do I need the approval of a court to use side guards? The following is not an official catalog of approval requirements for the use of different types of side guards, but is intended to help you understand the logic behind each case-by-case assessment. An overview like this cannot replace a well-thought-out case-by-case decision.

Rule of thumb 1:

The decision of the responsible (=able to consent) resident always has priority. An additional approval from a third party (guardian/court) is not required.

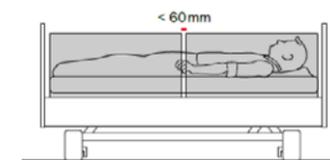
If the resident understands the risk, ponders about the advantages and disadvantages and then agrees, no approval from a third party, neither from the guardian, nor from the court, is necessary. In legal terms, this is called capacity for consent: As long as the resident is able to understand the nature, scope and consequences of the measure, he is able to determine his will (capacity for consent) and to expressly agree to the use of side guards. However, the consent only continues to be valid until the resident disagrees to the measure. The resident has to be asked again every day. By the way: The institution cannot be held liable for the fall if the patient had the capacity for consent and did not accept the offered help (Higher Regional Court, Hamm, judgment of December 2, 2014, file reference 26 U 13/14).

But beware: The judges only need slight indications! Do not only think of walking or other usual types of movement, such as crawling. Sliding over the edge of the bed is also considered movement. Judges say: It is no FDM if the affected person is not capable of deliberate movement, e.g. unable to move towards the edge of the bed, when they want. Similarly, a side guard is no FDM if the affected person is not able to develop a natural will to move to another location. Just think of coma patients. However, these cases are very rare. Except for coma patients, this might, at most, only apply to totally immobile patients in a final stadium of dementia.

Rule of thumb 2:

No approval is required, if any form of purposeful movement (physically or because of the resident's cognitive inability to make a decision) can be ruled out from the onset.

The Federal German Supreme Court ruled that an authorization process has to be implemented if doubts remain concerning the decision ("if it cannot be ruled out that the person concerned would not be capable of deliberately exiting the bed"). It does not depend on whether the specific dangerous situation has something to do with the desire to move or not. Example: The resident can be barely mobilized by day, by night you want to make sure that he does not accidentally fall out of bed but without having the impression that it has something to do with the desire to move. To be considered an FDM, it would suffice that the resident cannot physically move away if he wanted to due to the measure. What if the rails are not **continuous on all sides**? What if there are gaps for example?

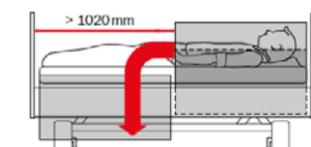


Rule of thumb 3:

The full-length side guard ("corralling") usually is considered a restraint measure and is always subject to approval unless the individual case is explicitly defined in rule of thumb 1 or 2. If the individual case is not clearly attributable to rule of thumb 1 or 2, an authorization process is required.

Rule of thumb 4:

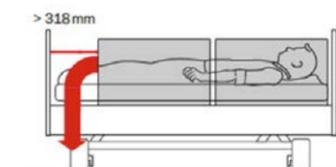
The half-length side guard is generally not considered a restraint measure.



It is hardly probable that the half-length side guard is intentionally used (and restricting enough) to prevent the resident from leaving the bed if he wanted to. What if the gaps became smaller? In that case, a critical internal discussion among colleagues would be best. Try it yourself: Have one of your colleagues critically question why you want to have a gap of this size at this position. The smaller the gap, the more important the question: Why is the gap this small and why is it at this position? Why only a foot-end gap but no central gap or even a half-length opening? The decisive factor in this is the motivation of the user. To say it in the words of a current ruling by the Federal Court of Justice of Germany: A measure is therefore only considered a confinement if it is at least intended to restrict the freedom of the patient or resident in question. Federal Court of Justice of Germany, ruling from January 7, 2015 - XII ZB 395/14.

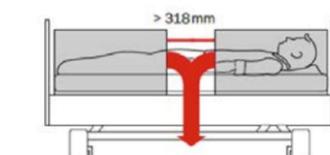
There are two possible answers:

1. The token gap: According to the principle "they won't get out of bed anyway". This could be, for example, a narrow gap at waist level or even at the foot end, requiring some acrobatic skills to reach from a lying position. Simple test: Ask the person lying in bed to put their legs through the gap and to sit up in bed - if they cannot do it: Authorization required in spite of gap.
2. The true egress gap: In contrast, egress gaps are considered to be genuine if they allow the person in need of care to deliberately exit the bed and the central gap is intentionally designed to support him in doing so independently using handles or mobilization aids (e.g. if the resident is mobile enough to "reach" the egress and the side guards are intentionally used as a support to stand up).



Rule of thumb 5:

As a rule, the side guard with central gap is considered a restraint measure for people with limited mobility, unless there is a genuine bed egress gap the resident can use. Do the test!



Rule of thumb 6:

As a rule, a side guard with only a foot-end gap is a restraint measure, as the patient does not usually exit the bed there ("token gap").

sentida 7-i: Intelligent nursing care

Ready for the future

"What does a modern nursing home bed have to do?" That was the main question the R&D department, product management and construction at wissner-bosserhoff had to deal with over the last few years. First of all, the specific requirements in nursing care had to be determined and analyzed in close cooperation with institutions and experts in the sector.

The following aspects have turned out to be very important: Safety for resident and staff, strain relief for all those involved when nursing duties are performed at the bed, centrally controlled data recording and monitoring, good service and assembly. With these points to focus on, the R&D team started to work on solutions, which would cater the needs of the people who would be working with the bed and even more important: the needs of the people who would be lying in the bed.

The result convinces everyone

Even today, the intelligent nursing home bed sentida 7-i already sets pioneering measures for the future of nursing care



And there is more...

wissner-bosserhoff presents a revolutionary bed exit solution with SafeSense®, which helps improve the safety level of nursing institutions by day and night.

wissner-bosserhoff, your reliable partner for avoiding restraint measures: With SafeSense® we present an intelligent assistance sensor system that reliably helps reducing restraint by day and night. It is equipped with an automatic night light that is activated when the resident leaves the bed and is deactivated when the resident is back in bed again. SafeSense® is compatible with standard nurse call systems and can be retrofitted to wissner-bosserhoff nursing home beds manufactured in 2002 or later.



Automatic night light

- Night light is automatically switched on when the resident leaves the bed
- Night light is switched off again as soon as the resident is back in bed



Individual alarm system

- Freely adjustable immediate alarm from 0 seconds to 30 minutes
- Adaptable to the resident's mobility



Integrated or available as retrofit kit

- Accessory option for current WIBO nursing home beds
- Retrofit kit for electrical WIBO nursing home beds manufactured in 2002 or later
- Available with cable or wireless



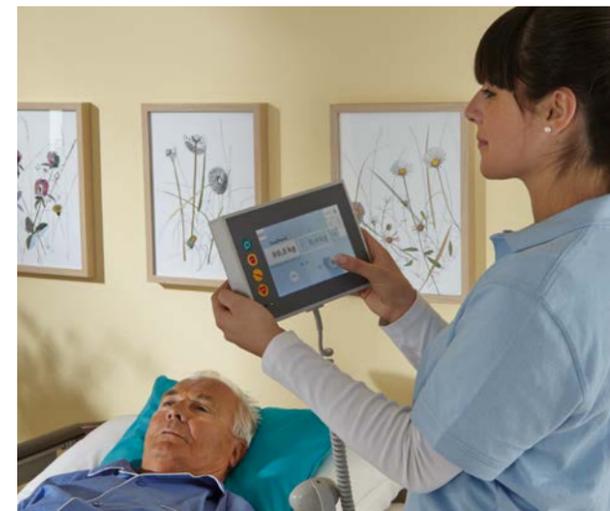
More safety – less FDM

- Faster response time in the event of falls
- Greater safety during night and weekend shifts
- Ideal in combination with sentida low nursing beds and SafeFree® side guards



Real comfort in nursing care with sentida 7-i

Also in Denmark, the state-of-the-art nursing home bed sentida 7-i is used successfully. We are glad that Jane Beldrige, who is responsible for the use of new nursing care technologies (Danish: Forflytningsvejleder), provides us an insight into the daily routine with the intelligent nursing home bed. Jane Beldringe works at the nursing home Vesterled in Vamdrup, Denmark.



Interview with Jane Beldringe:

1. When did you first hear about the intelligent nursing home bed sentida 7-i?

Me and my colleagues were taking part in an advanced training, carried out by Lewel Plus, wissner-bosserhoff's Danish sales partner.

2. What was your first impression?

I really liked the various different features that support our work! Many nursing home facilities already got alarm systems of course. However, the system on sentida 7-i offers way more than that. You have the choice - for example, it can be set that the alarm is only triggered if the resident has not returned from the toilet after 10 minutes.

3. Where is the bed currently used at your facility?

We have been using two sentida 7-i beds for almost one year now. Both nursing home beds are used for residents who suffer from dementia.

4. Which features of sentida 7-i are particularly beneficial?

Certainly the weight-based alarm that immediately warns us if a resident leaves the bed. The humidity sensor is very convenient and makes it unnecessary for us to wake the resident during the night. On both beds we also use the integrated weight monitoring.

Dementia patients often do not eat enough - the scale system informs us early enough, before the situation becomes critical.

5. Which further functions could you imagine for future beds?

A mattress which is capable to measure the body pressure of residents in order to prevent bedsores. It would also be great if the whole system worked wireless. There is always risk of damaging cables, for example when making the beds.

6. How would you summarize the advantages of sentida 7-i?

The bed is perfect for residents afflicted by dementia. Ever since we have used sentida 7-i, the number of confrontations with residents has decreased, as the bed saves them a lot of frustrating moments. We have also had less injuries since then. Before, one of our residents frequently fell out of her bed and broke her hip, arm and shoulder. She hasn't fallen out of bed ever since she got the sentida 7-i.

Thank you for the interview, Ms. Beldringe.

New vitalia and vivo bedside cabinet generations

Functionality and design for more nursing comfort

The wissner-bosserhoff stylo bedside cabinet series combines a homely design with innovative functions. The result: A practice-oriented product family. Thanks to a unique mechanism, the serving tray can be easily mounted on both sides of the bedside cabinet without tools – a flexible and economic solution.

The expert standard “Fall Prophylaxis”, which is well-established in Germany, has set itself the target of preventing falls and their consequences by recognizing risks and hazards, and eliminating them as far as possible. By using drawers instead of doors in all of our bedside cabinet models, we have made a valuable contribution to reducing the risk of falling. The access from the bed is easier, which minimizes the risk of falling. Special models also offer optimal access to the bedside cabinet for low nursing beds. The drawers can be removed without tools and therefore are easy to clean.



The soft closing drawers are a standard feature¹⁾ that minimize noise and the danger of entrapment.



The 5th castor, which is attached to the mechanism, and the compact design ensure an exceptional stability and load bearing capacity of up to 20 kg of the over-bed tabletop.



The overbed table is attached to the side and can be easily swung out with one hand, so that the nurse does not have to put the eating tray down.



The aluminum handles²⁾ give the vivo and vitalia bedside cabinet series their unique design and enable ergonomic access from the bed.



The models with refrigerator have a spacious capacity of 41 l and are suitable for large bottles.



The pull-out tray can be safely locked into place when it is pulled out. It is impossible to unintentionally push the pull-out tray in.

The design is closed on three sides²⁾, so it is impossible to push the drawers through to the wall

Top plate with rounded edges

Locking mechanism of the pulled-out tray



Adapter to easily change the side of the overbed table top without tools (left/right)

Aluminum handles²⁾: Design feature and guarantee for ergonomic handling



Thanks to the adapter attached on both sides, the overbed table mechanism can be switched from one bedside cabinet to the other, which is an economical solution for the user.

Additional comfort for patients and staff with soft closing drawers¹⁾

Feel at home at the "Römergarten" residences

The formula for success of the "Römergarten" residences is:

"Capital can be raised, houses can be built, people's hearts have to be won"



The continuous success of the residences proves that this philosophy is just right. The company currently holds a total of seven institutions in Baden-Wuerttemberg, Hesse and Rhenish Palatinate. By the end of 2016, four additional senior residences in these three federal states will be opened. The institutions concentrate on a fully in-patient care and supervision, short-term nursing care and preventive care on all care levels. The low nursing beds from the sentida product range are particularly suitable for this health care setting. Since the beginning of October 2014, 56 sentida 5 nursing home beds and 56 carisma nursing home beds have been used. These beds are complemented with matching MicroMatt mattresses, soluna design reading lights and the practical S4 servers.

Choosing wissner-bosserhoff high-quality furnishing solutions is in perfect accord with the formula for success with which potential residents are convinced to choose the "Römergarten" residences: a homely atmosphere, high quality in nursing care and safe environment. These aspects also play an important role when it comes to choosing the right nursing home beds. The management of the "Römergarten" residences deliberately chose the patented SafeFree® side guard system, which effectively avoids FDM. However, also quite pragmatic features, such as easy bed extension, won them over.



A real home for seniors in Ždírec

The home for the elderly in Ždírec, which especially offers a dignified and comfortable life to people who suffer from Alzheimer's, is located in the picturesque landscape of Vysočina in the Czech Republic. Ždírec county is located close to the medieval town Jihlava, and the residential home has a long history as well: It was founded in 1927 as an orphanage and a home for the elderly. However, the institution does not only stand out due to its long tradition - it was also completely renovated three years ago. The nursing home management and also the district of Vysočina, which is the operator of the institution, not only put great emphasis on modernizing the exterior and the interior, but also on progressive methods of caring for the elderly, especially seniors who suffer from dementia and Alzheimer's.

Memory concept

A total of 116 seniors live in the nursing home. Most residents suffer from age-related dementia or Alzheimer's. The recreational rooms - the so-called living rooms, in which most of the daily activities take place, - are the center of the institution. These rooms are equipped according to the memory concept of a therapeutic innovation, which was implemented in cooperation with the network of ARGE NÖ homes from neighboring Lower Austria. The memory concept tries to create journeys of reminiscence. This also includes the memory garden, which is intended to stimulate the residents in a positive way. It has a playground, in which children from the neighboring kindergarten are allowed to play. Memory corridors in the institution have areas the residents can relate to. These are individual stations that resemble familiar environments - for example a restaurant, a bus stop or a village square.

memoriana room concept by wissner-bosserhoff

Also the resident's rooms have a homely and safe atmosphere. Features and alignment are especially adapted to the residents' individual needs. Various rooms are equipped with the memoriana room concept, which is based on three significant pillars: Safety, more independence and easy orientation. The low nursing beds from the sentida product range offer additional safety. The latera thema universal hospital bed can be tilted sideways and is used for immobile residents.



Martina Matějková,
manager of the residential home in Ždírec:

"Thanks to the excellent cooperation with our proprietor, the region of Vysočina, we were able to have a word in the choice of features and interior furnishings. In the process, we tried to choose a timeless and homely style and to settle for a technical solution that is long-lasting and of high quality. We are sure that the wissner-bosserhoff furnishing solutions and nursing home beds fully meet these requirements!"



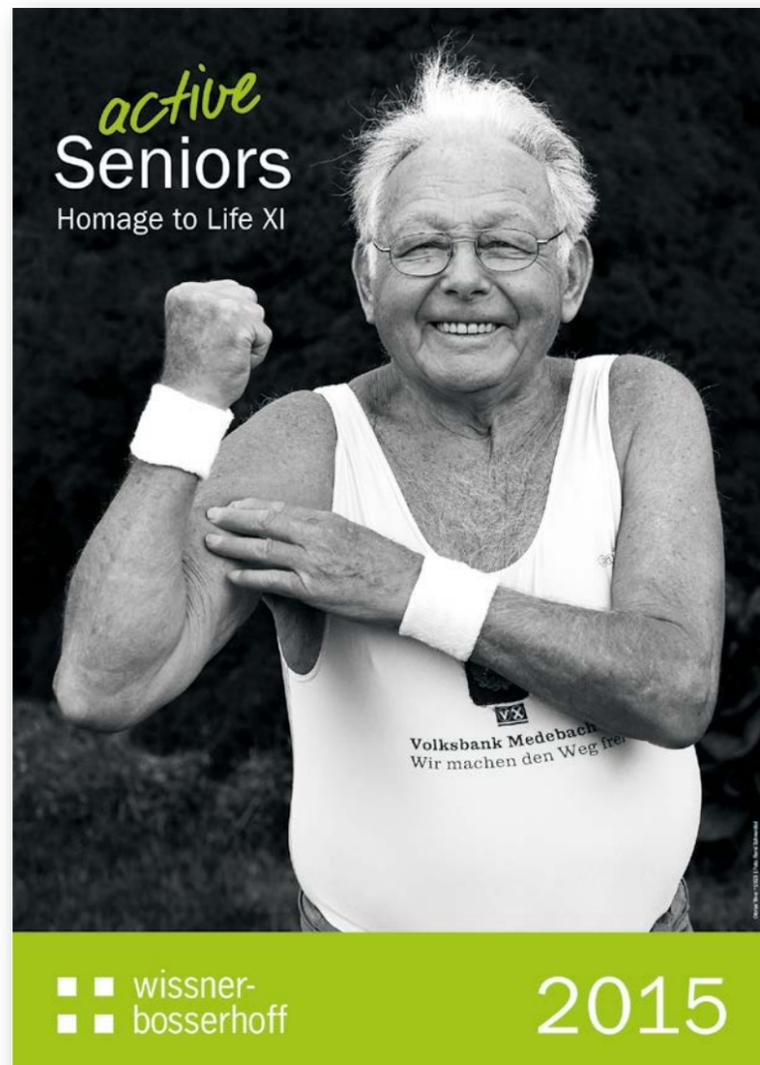
Long live sports!

Senior citizens in motion – portrait calendar 2015 – Homage to life XI

The current WIBO portrait calendar "active seniors" has won a large number of fans over a very short period of time. Be it in the social media such as Facebook or via mail: the feedback to our 11th calendar from the series homage to life was overwhelmingly positive. This did not come as a surprise! Our senior citizens were very captivating this year. The enthusiasm and motivation with which the senior sportsmen and women between the age of 71 and 94 do their chosen type of sport is contagious. A total of 14 black and white portraits were made, which convey one thing very clearly: Joy of living!

From the ambitious individualist to the social team athlete, the portraits capture the moment, showing the beholder what gets the senior citizens in motion. Our photographer René Schwerdtel had a very physical experience of this as well. Now and then, he even worked up a sweat during the photo shoot. He was also so impressed by the team spirit of the senior sportsmen and women of the gymnastics and sports club Herchen (subject June) that he now trains there as well.

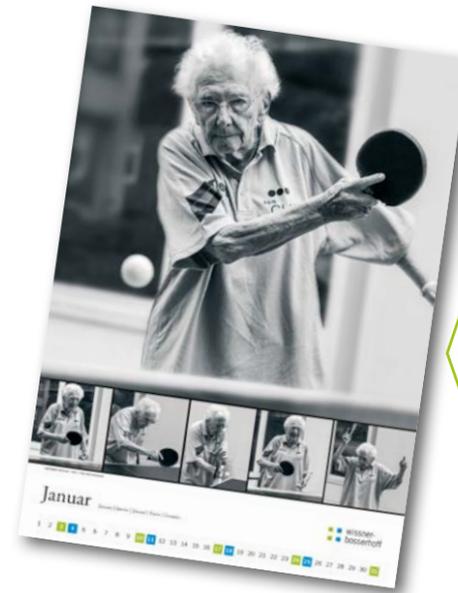
A big thanks goes to all those involved!



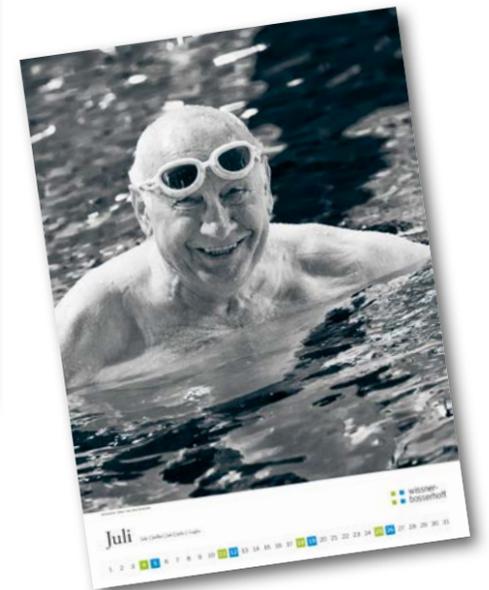
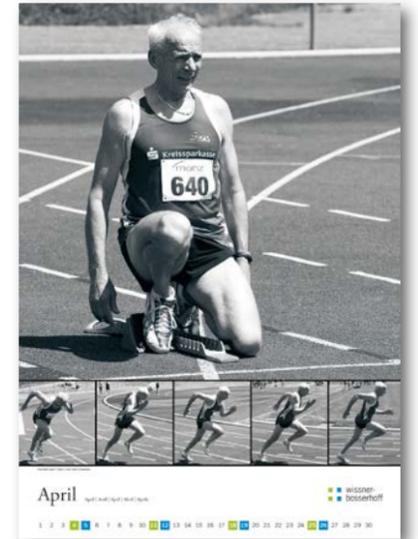
Our Facebook® portrait calendar promotion: We already have more than 4,500 likes click like as well!



Ottmar Thier (92) radiates with vim and vigor on our front page. Among sportsmen, Thier is also known as "Germany's oldest gymnast!" The trained motor mechanic has probably been practicing this sport longer than most other gymnasts – he started in 1931 at the age of eight.



"When I started playing table tennis, I could hardly bend down to pick up the ball," she tells us smilingly. "Thanks to the regular training, this is not a problem anymore." Ms Hermann can generally look back on a lot of sporting and personal successes in table tennis. This includes winning the gold medal at the senior world championships in China and the participation in the world championships in New Zealand, where she was accompanied by a German film crew.



Since her 9th birthday, Rosi Wahl (78) has been doing gymnastics in her local club, the ATSV Bremen 1860. Ms Wahl is popular for her numerous television appearances doing synchronous gymnastics with her partner Renate Recknagel, with whom she trains twice a week. She is very active in her club being the trainer of the senior sports team and organizing children's gymnastics.

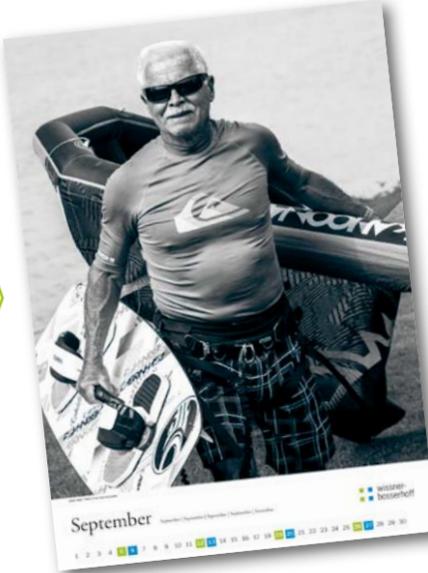


Every morning from 6 o'clock, Alois Schmitz (83) - with much discipline - swims his lanes in the local public pool. For 22 years, the former forest worker has practiced this morning ritual. He started when his two year older brother convinced him of the reviving effect of such a fresh start to the day.

Maria-Katharina Krusen (76) likes to dive! In 1996, in her mid 50ies, Frau Krusen decided to learn a challenging sport and to explore the underwater world. The things you explore on diving tours is one of the incentives for her to dive. Another one is the great companionship at the diving club XARIFA.



Dieter Keller (76) is mesmerized by water. As captain of large container ships, he was at home on the seven seas for roughly 40 years, and now that he is retired he cannot be without his favorite element. However, he switched to much smaller ships. Since 2009, he has been standing on the kite board and defying wind and water.



Eberhard Schwerdtel (81) passed his passion for skiing on to his three children and his grandchildren. He often goes skiing with his family or friends.



Siegrun Hoppen (76) has a focused and determined expression. She has been practicing jujitsu, an ancient Japanese martial art, for more than 40 years. She chose this sport to be able to defend herself in dangerous situations. Today, staying fit in the most effective way is her priority.



"Life, is easier if you are fit!"

Johanna Quaas *1925

Johanna Quaas (90) can officially call herself the "world's oldest active gymnast" and even has an entry in the Guinness Book of World Records. Since early childhood, gymnastics has been her passion and has played an important role in her family life. Her parents were active athletes and little Johanna practically grew up on the sports field. When it came to her professional career, she remained true to her sporting roots and, after 1950, worked as a university lecturer in Halle. At the local high-performance sports training center she also trained many successful female gymnasts, amongst other things for the Olympic Games in 1964.



René Schwerdtel was born in Cologne in 1966 and started his career in France. First he studied art history in Montpellier. Then he worked in Paris as an assistant, where he submitted his first photographs to French fashion magazines and the French government. As a professional photographer, he opened his own photo studio in Paris in 1990. In 1994 he moved to Cologne. His references, which can be found on the Internet, list prominent customers such as Hess Natur, Sport Scheck, Nikon, and Pierre Cardin, Miele, Süd-West-Versand, Witt Weiden. The focus of René Schwerdtel's work is on photographs of Cuban people and landscapes. He has visited the country more than 35 times on behalf of his customer or to portray the country and the people behind the scenes.

TOP FIT at the age of 90

Johanna Quaas
stirs up our trade
fair stand for
nursing care
significantly



Whoever saw the world's officially oldest gymnast, Johanna Quaas, live in action will not be forgetting about it too soon. We were all the more happy when the lively senior spontaneously decided to grace wissner-bosserhoff's booth at the "Altenpflege" trade fair for geriatric care in Nuremberg with her presence and a stirring live gymnastics show. The show had already met with great resonance before the event, in particular in social media, and as it began at 3 PM on Wednesday, the already well-attended WIBO booth seemed to finally burst at the seams. Hundreds of spectators gathered around the parallel bars where Ms. Quaas presented breathtaking gymnastic exercises. Even the national press and TV broadcasters came to see her! But Ms. Quaas kept a cool head in spite of all the buzz. She's quite the professional when it comes to dealing with the media and fans and has already mastered countless public appearances confidently. Her performance was as stunning as ever: The delicate gymnast had prepared something really special. Instead of starting with a gymnastics show on the bars, Johanna Quaas demonstrated once again how she activates her lazy bones in bed in the morning. At the trade show booth there was surely no lack in suitable beds to present these practical exercises. A spontaneous idea, which the senior used as a great bridge building towards the topic activation and mobilization. Afterwards she presented an unforgettable show on the parallel bars, which brought the audience to astonishment and admiration. "Even some 18 year old wouldn't have been able to present that", or "Respect!" - those were the remarks we could pick up from the audience. During the subsequent interview and an autograph session many visitors were able to meet the friendly gymnast and get to know many interesting aspects about her life and the sports. **All those who saw the 89-year-old live at the trade fair on Wednesday are certain: This woman has it down! Her visit was the highlight at the nursing care trade fair, which was a great overall success for wissner-bosserhoff.**



Johanna Quaas with her manager Eckhard Herholz and Uwe Deckert, Head of WIBO Marketing (on the right)



Ms. Quaas is warming up - that is how she starts every day



Autograph session!

Excellent design

Many awards for the new sentida generation

Ever since their introduction to the market in 2014, the new sentida low nursing beds have had a long and unprecedented history of success. The smart design and intelligent technical solutions used in the sentida 5, sentida 6 and the high-tech bed sentida 7-i have not only convinced users and nursing home operators: The beds have already been presented with more than nine internationally renowned design and industry awards within only one year. "We are happy that the elaborate merger of smart design and intelligent solutions is so well-received by the expert audience. The numerous awards received this year are proof of this," says Uwe Deckert, Head of Product Management and Marketing. wissner-bosserhoff dedicates a lot of attention to the design. Not only functionality and high-quality workmanship connect these products but also the design on a very high level. They feature a homely design as well as convenient usability and ergonomics. Having won several prestigious important design awards, sentida is now among the most important nursing home bed series on the international market.



sentida 5



sentida 6



sentida 7-i



Carlos Bernal, Head of Development and Construction and Uwe Deckert, Head of Product Management & Marketing beaming over the iF Design Award 2015



Product manager Jan Lindenschmidt and Uwe Deckert proudly present the PLUS X AWARD "Best product 2015/2016"

OUR MISSION: YOUR SAFETY



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- Better fall prevention thanks to sensor
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